

## Teeth Whitening

Many people consider white teeth to be an attractive feature of a smile. A child's deciduous teeth are generally whiter than the adult teeth that follow. As a person ages the adult teeth often become darker. This darkening is due to changes in the mineral structure of the tooth, as the enamel becomes less porous. Teeth can also become stained by bacterial pigments, foodstuffs and tobacco.

The stains from the teeth are removed and the teeth become whiter when Oxygen is applied safely on the Teeth tissue. The Oxygen reacts with the stain and bleach it. whitening is a simple procedure with safe and successful result. Our clinic will take a mould of your teeth, make thin flexible clear plastic trays that fit over your teeth. Then you paint the inside of the trays with special gel (of Hydrogen Peroxide in tubes- provided by our clinic) and fit the trays on you teeth. There are two way of applications; Day or Night Whitening. The Day type, you applied twice a day about 30-40 minutes at time for a period of 1-2 weeks. The Night type, You applied before you sleep for the 1-2 weeks. These trays you keep for future usages when and if your teeth need re-whitening every 6-12 months. We also provide laser teeth whitening that is done in the dental chair. It takes about 20-30 minutes to give you the initial 30-40% start whitening to be followed at home with the trays. Call us for your questions.